



12th National and 4th International Conference
of Indian Society of Pain Clinicians

ISPCCON 2026

Theme : Precision Techniques from leader in Pain Medicine

2nd – 4th

October, 2026

Jointly Organized by

Indian Society of Pain Clinicians

Department of Anaesthesiology

All Indian Institute of Medical Sciences, Bhopal

SCIENTIFIC PROGRAMME

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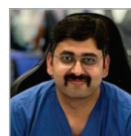
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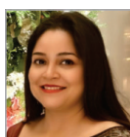
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Endoscopic Spine

Faculty Incharge: Dr. Anshul Agarwal

Team Members: Dr. Ajit Kumar, Dr. Sushil Jaiswal, Dr. Devendra Singh, Dr. Vissnu, Dr. Shubhendu Singh

Anatomy & Pathology Review	Approaches	Equipment Familiarisation	Procedural Steps
Lumbar disc anatomy & herniation types Foraminal zones (Kambin's triangle) Relevant neurovascular structures Stenosis: central, foraminal, lateral recess	Transforaminal endoscopic lumbar discectomy (TELD) Interlaminar endoscopic approach Patient positioning & anaesthesia considerations	Endoscope components: working channel, irrigation, optics Radiofrequency bipolar wands Trepines, reamers & dilators Visualisation systems & camera setup	Surface marking & trajectory planning Sequential dilation & access Annulotomy & nuclear fragment removal Haemostasis & nerve decompression

RFA Workshop

Faculty Incharge/Coordinator: Dr. Pravesh Kanthed & Dr. Jaideep Singh

Team Members: Dr. Sujeet Gautam, Dr. Sarita Singh, Dr. GK Kumar, Dr. Debesh Bhoi, Dr. Mayank Gupta, Dr. Abhishek Rajput, Dr. Baibhav Bhandari, Dr. Brihaspati

Fluoroscopy Basics	Spinal Interventions under Fluoroscopy	Radiofrequency Ablation (RFA)	Trigeminal Neuralgia–Related Interventions
Radiation safety: ALARA principle, protective equipment, dosimetry Equipment: C-arm orientation, beam angulation, pulsed vs continuous fluoroscopy Image optimisation: collimation, grid use, magnification Contrast agents: types, dosage, contraindications, reactions	Cervical, thoracic & lumbar medial branch blocks Facet joint injections (cervical, thoracic, lumbar) Epidural steroid injections (interlaminar & transforaminal) Sacroiliac joint injection Discography basics	Principles: conventional vs pulsed RFA Patient selection & indications Equipment: RF generator, cannula & electrode types Target anatomy: medial branch nerves (C3–C7, L1–L5, S1) Lesioning parameters: temperature, time, impedance monitoring Confirmation techniques: sensory & motor stimulation Post-procedure care & expected outcomes	Gasserion Ganglion RFA Balloon Compression

USG Workshop

Faculty Incharge: Dr. Madhan Pandian

Team Members: Dr. Saranraj, Dr. Nimisha Verma, Dr. Sandeep Khuba, Dr. Nitin Haryane, Dr. Nikita Agarwal, Dr. Vineetha G

Session Details			
Knobology	Shoulder	Elbow Wrist	Hip & Pelvis
Intro (10 min): Explain why knobology matters — diagnostic accuracy depends on image optimization. Demo (20 min): Live scanning with systematic knob adjustments. Handson (30 min): Small groups practice adjusting knobs on different presets. Quiz/Recap (10 min): Identify which knob was changed based on sample images. Wrapup (5 min): Key — Right probe, right preset, right knob	Acromioclavicular joint Rotator interval Supraspinatus, infraspinatus, and subscapularis visualisation Long head of the biceps tendon Subacromial–subdeltoid bursa Dynamic evaluation of the shoulder Needle Targets	Anterior elbow anatomy Posterior elbow Median, Radial & Ulnar nerve block at the elbow Distal biceps tendon The lateral and medial ligament complex of the elbow Dorsal compartments at the wrist A1 Pulley Small joint injections of the hand TFCC identification Median nerve at the carpal tunnel Ulnar nerve at Guyon's canal Radial (superficial) nerve in the forearm	Hip joint, Genitofemoral nerve block, Psoas tendon, Cluneal nerve block Posterior pelvis – Piriformis injection, Pudendal nerve block – 2 approaches, Proximal Hamstring, GTPS

Knee, Ankle & Foot	Cervical & Lumbar spine	Sympathetic & Facial MIPS
Knee MSK, Pes anserinus, suprapatellar recess, genicular nerve block, distal hamstrings Ankle MSK, Plantar fascia, Tibio-talar joint, Sub-talar joint, Interdigital (Morton's) neuroma, Baxter's nerve	Scanning c spine identify levels, selective nerve roots, cervical facet, median branch 2 approaches, superficial cervical plexus, GON, TON, stellate Lumbar sonoanatomy, facet, median branch, caudal epidural, lumbar sympathetic	Stellate, celiac plexus, hypogastric plexus, ganglion impar Face – supraorbital, infraorbital, mental, maxillary, mandibular, glossopharyngeal e forearm

Phantom needling on chicken – needling techniques

Registration & Breakfast	8:00 AM Onwards	Breakfast (8:00 to 9:00AM)
Flag hoisting	7:45 AM Onwards	

HALL 1-(LT-5) 5th Floor Kautilya Bhawan 3rd October 2026, Day 1				
Session Name	Duration	Topic	Speaker	Charipersons
Lets study before we practice (9:00-9:45am)	15min	Radiation safety for Pain Physician	Dr. Heena Garg	Dr. Akhilesh Gupta Dr. Sandeep Khuba Dr. Pratik Arora
	15min	Leveraging AI in Pain Medicine Practice	Dr. Mayank Gupta	
	15min	Defining the principles of RFA and getting acquainted with the needles	Dr. Neha Kathor	
Panel Discussion: Osteoporosis – Suspicion, Evaluation & Management	9:45-10:25am		Moderator	Panelists
	40min	Suspicion and Evaluation	Dr. Sujeet Gautam	Dr. Rekha Singh Dr. Vineetha Gopal Dr. Madhuri Lokapur Dr. Krishna Poddar
		Why it is so important to treat?		
		Medical Management (Bisphosphonates, RANK inhibitors, Sclerostin)		
		Interventional Management		
Inaugration (10:30-11:30AM)				
Hall of Fame section (11:30AM- 1:00PM)	15 min	Lumbar interlaminar Endoscopy	Dr. Santosh Tripathi	Dr. Sushil Jaiswal Dr. Devendra Singh Dr. Anshul Agarwal Dr. Pankaj Surange
	15 min	Lumbar transforaminal endoscopy	Dr. Siddharth Verma	
	15 min	Kyphoplasty for Multiple Level Vertebral Compression Fractures	Dr. Sujeet Gautam	
	15 min	Managing Post Endoscopic Spine Procedure Complications	Dr. Shiv Rana	
	15 min	Basivertebral nerve denervation	Dr. Neeraj Jain	
	15min	Sacroplasties for bone metastasis	Dr. Baibhav Bhandari	
Lunch - 1:00 to 1:45PM				
Headaches and facial pains (2:00-3:15PM)	15min	Migraine and TACs: evidence based approach	Dr. Nirendra Rai	Dr. Agrata Sharma Dr. Sonal Awasya Dr. Madhumita Murthy
	15min	Botulinum toxin in Chronic headaches	Dr. Samir Basak	
	15min	Trigeminal Neuralgias. Balloon compression video	Dr. Shivani Rastogi	
	15min	Trigeminal Neuralgias. Radiofrequeuncy Video	Dr. Akhilesh Gupta	
	15min	Sphenopalatine Neurlagia PRF video	Dr. Devendra Singh	
Neuromodulation and Intrathecal drug Devices (3:15-4:30 PM)	20min	Understanding the mechanism and Modes of SCS (open and closed loop systems)	Dr. Sanjay Bakshi	Dr. Jaideep Singh Dr. Mayank Gupta Dr. Krishna Poddar Dr. Sumit Raj
	20min	Clinical consideration for SCS implant	Dr. Yunus Khilji	
	15min	Pain Management challenges in patient with Spinal cord injuries	Dr. Sanjay Khanna	
	15min	Role of Intrathecal Dr. ug delivery system in Pain Practice	Dr. Sarita Singh	
4:30PM Onwards		GBM of ISPC members		

Registration & Breakfast		8:00 AM Onwards		Breakfast (8:00 to 9:00AM)	
HALL 2-(LT-6) 5th Floor Kautilya Bhawan 3rd October 2026, Day 1					
Session Name	Duration	Topic	Speaker	Charipersons	
See Right, Treat Right: Imaging to Intervention (9:00-10:15AM)	15min	Reading MRI of lumbar spine and deciding the intervention	Dr. Visnu Kumar	Dr. Pravesh Kanthed Dr. Sandhya Evney Dr. Shubendu Singh Dr. KKThakur	
	15min	How to read Xray and MRI shoulder to decide your intervention	Dr. Nitin Hayaran		
	15min	Reading Xray and MRI of Hip to decide your intervention	Dr. Dhruv Jain		
	15min	Fascial plane MIPS (QL, TAP, Rectus etc) for a pain physician	Dr. Sony		
	15min	Piriformis and Hip tendinopathies	Dr. Deepti Agarwal		
Inaugration (10:30-11:30AM) HALL 1-(LT-5)					
How do I do it? (11:30-1:00PM)	15min	TFESI: Kambin and/Vs Subpedicular	Dr. Nana Morkane	Dr. Madhan Pandian Dr. Manish Singh Dr. Ritu Puranik Dr. Nikita Chaudhary	
	15min	Paravertebral MIPS (USG and Fluoro)	Dr. Malavika Kalamdani		
	15min	Articular Denervation of Hip	Dr. GK Kumar		
	15min	Cluneal Neuralgias video session	Dr. Abhishek Rajput		
	15min	SI joint pallisade RF denervation	Dr. Akhilesh Tiwari		
	15min	Lumbar Medial branch denervation	Dr. Debesh Bhoi		
Lunch 1:00-1:45PM					
Radiofrequency denervation for axial and joint pain 1:45-2:45PM	15min	Biacuplasty for Chronic Low back pain	Dr. Shovan Kumar Rath	Dr. Surendra Raikwar Dr. Bhavna Shrivastava Royzada Dr. GK Kumar Dr. Anurag Yadava	
	15min	Dorsal Medial branch RFA	Dr. Nikita Agarwal		
	15min	Cervical Medial Branch RFA in Chronic neck pain	Dr. Abhimanyu Rana		
	15min	Articular denervation of Shoulder	Dr. Pratik Arora		
Cervical with upper limb pain How do I do it? (2:45-3:30PM)	15min	Cervical Epidural neuroplasty	Dr. Ravishankar Sharma	Dr. Nupur Chakroborty Dr. Virendra Mohan Dr. Sarvesh Jain Dr. Roopesh jain	
	15min	Stellate Ganglion USG guided and Fluoro guided	Dr. Sandeep Khuba		
	15min	Upper limb entrapment neuropathies how to do deal with them	Dr. Rachna Verma		
Targeting Visceral & Pelvic Pain (3:30-4:30PM)	15min	Inguino-scrotal pain assesment	Dr. Abhishek Choube	Dr. Heena Garg Dr. Shashank Kumar Dr. Urmila Keshari Dr. Tapan Sahu	
	15min	Inguinoscrotal pain management	Dr. Pratyush Kar		
	15min	Splanchnic nerve MIPS	Dr. Nishad PK		
	15min	USG guided Coeliac plexus MIPS	Dr. Nimisha Verma		
	15min	Hypogastric Plexus MIPS	Dr. Vishal Gunjal		

Registration & Breakfast		8:00 AM Onwards		Breakfast (8:00 to 9:00AM)	
HALL 1-(LT-5) 5th Floor Kautilya Bhawan 4th October 2026, Day 2					
Session Name	Duration	Topic		Speaker	Charipersons
Oration (9-9:30 AM)					
Chronic Pain in Females (9:30-10:45am)	15min	Understanding Pelvic pain in females		Dr. Jyoti Nath Modi	Dr. Madhuri Lokapur Dr. Rohit Gulati Dr. Vineetha Gopal Dr. Ajay Haldar
	15min	Interventions for Chronic Pelvic Pain		Dr. Jaideep Singh	
	15min	Sacral Neuromodulation for Chronic Pelvic Pain		Dr. Rajkumar Arora	
	15min	Ganglion Impar RFA		Dr. Shashank Kumar	
	15min	Restless Leg syndr. ome: Evaluation and management		Dr. Agrata Sharma	
Palliative care session (10:45-11:45AM)	15min	Top 10 tips to run successful Palliative care services		Dr. Megha Pruthi	Dr. Pankaj Singhai Dr. Akansha Chowdhary Dr. Anil Jain Dr. Shruti Gairola
	15min	Pain Management beyond Interventions and Morphine: Role of Cannabinoids		Dr. Praneeth Suvari	
	15min	Systemic neuromodulation for resistrant cancer/non-cancer neuropathic pain		Dr. Gaurav Chanana	
	15min	Panel Discussion: Moderator		Dr. Pankaj Singhai	Dr. Megha Pruthi Dr. Praneeth Suvari Dr. Gaurav Chanana Dr. Shruti Gairola
MSK (11:45PM-1:00PM)	15min	USG evaluation of the knee		Dr. Saranraj	Dr. Ajit Kumar Dr. Vishal Gunjal Dr. Kashinath Bangar Dr. Nimisha Verma
	15min	Genicular nerve RF ablation		Dr. Akhil Singh	
	15min	USG evaluation of Rotator cuff		Dr. Aayushi Bagga	
	15min	USG hydrodistension for Adhesive capsulitis (video)		Dr. Manish Singh	
	15min	USG PRP Injection & Barbotage of calcific tendinitis		Dr. Madan Pandian	
Lunch (1:00-1:45PM)					
Session Name	Duration	Topic		Speaker	Charipersons
Regenerative therapy: where the future lies (1:45-3:00PM)	15min	Host preconditioning prior to painbiological injections.		Dr. Pallavi Kiran	Dr. Jitendra Singh Dr. Soveer Dhaakad Dr. Rachna Verma
	15min	Molecular genetics and Bioinformatics in Regenerative medicine		Dr. Ashok Kumar	
	15min	Painbiologics for nerve pain: evidence meets real world practice		Dr. Randheer Annaram	
	15min	Pain Biologics for Advanced OA: Intraarticular vs subchondral		Dr. Sanjay Khana	
	15min	Pain generators of the knee and how to use regenerative options to handle them		Dr. Krishna Poddar	

Registration & Breakfast		8:00 AM Onwards	Breakfast (8:00 to 9:00AM)	
HALL 2-(LT-6) 5th Floor Kautilya Bhawan 4th October 2026, Day 2				
Session Name	Duration	Topic	Speaker	Charipersons
Oration in Hall A (9:00 to 9:30AM)				
Must know Rheumatology (9:30-10:30AM)	15min	A practical approach to a patient with polyarthritis	Dr. Preksha Dwivedi	Dr. Mahima Batra Dr. Tripti Vatsal Dr. Pratik Arora Dr. Roopesh Jain
	15min	DMARDs, Biologics & Pain — What Pain Physician Must Know	Dr. Vaibhav Ingle	
	15min	Management of gout, pseudogout and hyperuricemic state	Dr. Manasa Kantha	
	15min	Inflammatory Back Pain & Axial Spondyloarthritis: What the Pain Physician Must Not Miss	Dr. Arparimit Pandey	
Beyond Injury: Managing Complex Neuropathic Pain (10-30-11:30AM)	15min	Mechanism of Pain after Brachial plexus injuries	Dr. Titiksha Goyal	Dr. Rohit Gulati Dr. Madhumita Murthy Dr. Nimisha Verma
	15min	Brachial plexus injury pain management	Dr. Rampal Singh	
	15min	Post-Amputation Pain: Phantom vs Residual Limb Pain	Dr. Sana H	
	15min	CRPS – Early Recognition & Interventional Strategy	Dr. Kiritika Yadav	
From procedure to Payment: Navigating Reimbursement in Pain Practice (11:30AM - 12:00PM)	30mins	Panel Discussion	Dr. Pankaj Surange	Dr. Anshul Agarwal Dr. Devendra Singh Dr. Rohit Gulati Dr. Sidharth Verma Dr. Kashinath Bangar
Beyond the Usual: Tools, Targets & Techniques in Pain Medicine 12:00PM-1:00PM	15min	Marketing in Pain Practice	Dr. Shovan Kumar Rath	Dr. Deepa Singh Dr. Urmila Keshari
	15min	Role of Bone Scan & SPECT in Pain Medicine	Dr. Suruchi Jain	
	15min	T2-3 Sympathectomy MIPS: Step wise approach	Dr. Brihaspati Tiwari	
	15min	Pudendal Neuralgia: Diagnosis to Management	Dr. Ritu Puranik	
Lunch (1:00-1:45PM)				
Challenging Pain SynDr. omes: Beyond Conventional Management 1:45-2:45 PM	15min	Intrathecal neurolysis	Dr. RP Gehdoo	Dr. Praneeth Suvari Dr. Pankaj Singhai
	15min	Post mastectomy pain synDr. ome	Dr. Anjali Kolhe	
	15min	Post Head & Neck OncoSurgery/RT Neuralgias	Dr. Vinay Somya	
	15min	Pain management on renal osteodystrophy	Dr. Shruti Gairola	
Valedictory Function (3:00-4:00PM)				